

DGI-nåletider Damer

DGI svømning nåletider pr. 1. september 2021 – 31. august 2025

DAMER

Disciplin	VANDHUND	SÆL	BRONZE	BRONZE SÆL	SØLV	SØLV SÆL	GULD
CRAWL							
25			0:19,67				
50	0:57,60	0:46,91	0:41,34	0:36,21	0:32,77	0:28,88	0:26,67
100	2:04,97	1:41,87	1:29,83	1:18,73	1:11,30	1:03,31	0:58,46
200	4:34,65	3:43,88	3:17,42	2:53,01	2:36,69	2:19,13	2:08,47
400	9:41,78	7:54,24	6:58,20	6:06,50	5:31,92	4:54,72	4:32,15
800	19:52,17	16:11,81	14:16,96	12:31,02	11:20,17	10:03,93	9:17,68
1500	38:03,19	31:01,17	27:21,22	23:58,32	21:42,64	19:16,62	17:48,04
BRYST							
25			0:24,54				
50	1:11,42	0:58,18	0:51,28	0:44,92	0:40,66	0:35,98	0:33,22
100	2:35,09	2:06,42	1:51,48	1:37,70	1:28,48	1:18,56	1:12,55
200	5:34,69	4:32,82	4:00,58	3:30,84	3:10,95	2:49,54	2:36,56
RYG							
25			0:21,99				
50	1:03,84	0:52,04	0:45,89	0:40,21	0:36,42	0:32,34	0:29,86
100	2:16,51	1:51,28	1:38,13	1:26,00	1:17,88	1:09,15	1:03,86
200	4:56,53	4:01,72	3:33,16	3:06,80	2:49,18	2:30,22	2:18,71
FLY							
25			0:20,79				
50	1:00,63	0:49,42	0:43,58	0:38,19	0:34,59	0:30,71	0:28,36
100	2:15,82	1:50,71	1:37,63	1:25,56	1:17,49	1:08,80	1:03,53
200	4:57,48	4:02,49	3:33,83	3:07,40	2:49,72	2:30,69	2:19,15
IM							
100	2:20,54	1:54,56	1:41,02	1:28,53	1:20,18	1:11,19	1:05,74
200	5:03,07	4:07,05	3:37,86	3:10,92	2:52,91	2:33,53	2:21,77
400	10:44,01	8:44,97	7:42,93	6:45,70	6:07,43	5:26,24	5:01,25

DGI-nåletider Herrer

HERRER

Disciplin	VANDHUND	SÆL	BRONZE	BRONZE SÆL	SØLV	SØLV SÆL	GULD
CRAWL							
25			0:17,97				
50	0:56,75	0:45,87	0:37,93	0:33,36	0:29,42	0:25,50	0:23,54
100	2:06,34	1:42,21	1:24,58	1:14,44	1:05,70	0:56,62	0:52,28
200	4:39,37	3:46,00	3:07,02	2:44,60	2:25,27	2:05,19	1:55,61
400	9:56,72	8:02,73	6:39,46	5:51,59	5:10,31	4:27,41	4:06,93
800	20:46,64	16:48,49	13:54,54	12:14,52	10:48,28	9:18,67	8:35,89
1500	39:44,27	32:08,79	26:36,11	23:24,81	20:39,87	17:48,48	16:26,66
BRYST							
25			0:22,76				
50	1:10,98	0:57,42	0:47,52	0:41,82	0:36,91	0:31,81	0:29,37
100	2:36,34	2:06,47	1:44,66	1:32,11	1:21,30	1:10,06	1:04,69
200	5:37,82	4:33,28	3:46,14	3:19,04	2:55,67	2:31,39	2:19,79
RYG							
25			0:19,90				
50	1:02,47	0:50,53	0:41,81	0:36,80	0:32,48	0:27,99	0:25,85
100	2:17,42	1:51,17	1:31,99	1:20,96	1:11,46	1:01,58	0:56,86
200	4:56,97	4:00,24	3:18,80	2:54,97	2:34,43	2:13,08	2:02,89
FLY							
25			0:19,48				
50	1:01,22	0:49,52	0:40,96	0:36,05	0:31,81	0:27,40	0:25,30
100	2:15,17	1:49,35	1:30,46	1:19,64	1:10,29	1:00,57	0:55,93
200	5:04,31	4:06,17	3:23,27	2:59,29	2:38,24	2:16,37	2:05,93
IM							
100	2:21,30	1:54,30	1:34,59	1:23,25	1:13,48	1:03,32	0:58,47
200	5:08,21	4:09,33	3:26,33	3:01,60	2:40,28	2:18,12	2:07,54
400	11:00,15	8:54,04	7:21,92	6:28,96	5:43,29	4:55,84	4:33,18